

Option 1

Order online by 9am
for delivery Tue. Thur

ezlunch MENU

Kohimarama School / Term 3 2025



28 St Heliers Bay Road
St Heliers
Auckland 1071
09-8692425

WARM MAINS

Macaroni Cheese with Ham	\$10.00
Butter Chicken	\$10.00
American Hotdog	\$10.00
Petite Savoury - Bacon & Egg	\$3.35
Petite Savoury - Mince	\$3.35
Petite Savoury - Potato Top	\$3.35
Petite Savoury - Sausage Roll	\$3.35
Sausage Roll	\$7.20
Spinach & Feta Roll	\$7.20
Mince and Cheese Pie	\$7.20
Steak & Cheese Pie	\$7.20
Butter Chicken Pie	\$7.20
Vegan Korma Vege Pie	\$7.20

COLD MAINS

Bowl and Arrow Overnight Oats	\$10.00
Forbes Chicken & Avocado Club Sandwich	\$4.50
Forbes Chicken & Mango Club Sandwich	\$4.50
Forbes Ham & Edam Club Sandwich	\$4.50
Forbes Egg Club Sandwich	\$4.50

SNACKING

Bumper Bar Chocolate Brownie 80g	\$3.95
Bluebird Chips Original 45g	\$2.80
Daily Bread Cinnamon Scroll	\$7.55
Daily Bread Pain au Chocolat	\$7.55
Daily Bread Ham & Cheese Croissant	\$8.35
Daily Bread Croissant	\$6.15

HEALTHY SNACKING

Fresh n Fruit Yoghurt Pottle 125g	\$2.25
Fruit	\$2.30
Nothing Naughty Gluten Free Protein Bar C...	\$3.95
Nothing Naughty Gluten Free Protein ...	\$3.95
Nothing Naughty Gluten Free Protein Bar Vani...	\$3.95
Nothing Naughty Gluten Free Protein ...	\$3.95

Order online... www.ezlunch.co.nz

Easily order & pay for your ezlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to www.ezlunch.co.nz.

Need help? Visit support.mykindo.co.nz or call
toll free 0800 EZLUNCH (09-869 5200)
8am-4pm Mon-Fri (except public holidays)

Order online by 9am
for delivery Wednesday

ezlunch MENU

Kohimarama School / Term 3 2025



46 Lunn Avenue
Mt Wellington
Auckland
mob-0274318855

SUSHI 4PC

4pc Tuna Avo Sushi	\$8.20
4pc Salmon Creamcheese avocado sushi	\$8.45
4pc Plain Teriyaki Chicken Sushi	\$8.20
4pc Fried Prawn Sushi with mayonnaise	\$8.20
4pc Fried Chicken Sushi with mayonnaise	\$8.20
4pc Salmon Sushi	\$8.45
4pc Salmon Avocado Sushi	\$8.45
4pc Teriyaki Chicken Avocado Sushi	\$8.20
4pc Teriyaki Chicken Sushi	\$8.20
4pc Teriyaki Chicken with Cucumber	\$8.20
4pc Tuna Mayo Sushi	\$8.00
4pc Avocado Sushi	\$8.20
4pc Avocado Cucumber Carrot Sushi	\$8.00
4pc Avocado Cucumber Sushi	\$8.00
4pc Carrot Capsicum Sushi	\$8.00
4pc Cucumber Sushi	\$8.00
4pc Cucumber Carrot Sushi	\$8.00

SUSHI 6PC

6pc Tuna Avo Sushi	\$11.85
6pc Salmon Cream cheese avocado sushi	\$12.40
6pc Plain Teriyaki Chicken Sushi	\$11.85
6pc Fried Prawn Sushi with mayonnaise	\$11.85
6pc Fried Chicken Sushi with mayonnaise	\$11.85
6pc Salmon Sushi	\$12.40
6pc Salmon Avocado Sushi	\$12.40
6pc Teriyaki Chicken Avocado Sushi	\$11.85
6pc Teriyaki Chicken Sushi	\$11.85
6pc Teriyaki Chicken with Cucumber	\$11.85
6pc Tuna Mayo Sushi	\$11.55
6pc Avocado Sushi	\$11.85
6pc Avocado Cucumber Carrot Sushi	\$11.55
6pc Avocado Cucumber Sushi	\$11.55
6pc Cucumber Sushi	\$11.55
6pc Cucumber Carrot Sushi	\$11.55
6pc Carrot Capsicum Sushi	\$11.55

ONIGIRI

Triangle Teriyaki Chicken	\$6.65
Triangle Tuna Mayo	\$6.65

ON RICE

Teriyaki Chicken on Rice	\$8.85
Katsu Chicken on Rice	\$8.85

BENTO BOX

Teriyaki Chicken Bento Box	\$19.85
Katsu Chicken Bento Box	\$19.85
Teriyaki Salmon Bento Box	\$22.05
Grilled Salmon Bento Box	\$22.05
Fresh Salmon Bento Box	\$22.05

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Order online by 9am
for delivery Friday

ezlunch MENU

Kohimarama School / Term 3 2025



125 Line Road
Glen Innes
Auckland 1072
09-5215575

MINI PIZZAS

Simply Cheese (Mini)	\$7.50
Pepperoni and Cheese (Mini)	\$7.50
Ham & Cheese (Mini)	\$7.50
Supreme (Mini)	\$9.50
Veg Trio	\$7.50

LARGE PIZZAS

Simply Cheese Pizza (Large)	\$10.50
Pepperoni Pizza (Large)	\$10.50
Ham Pizza (Large)	\$10.50

GLUTEN FREE PIZZAS

Gluten Free - Cheese (Large)	\$14.50
Gluten Free - Ham (Large)	\$14.50
Gluten Free - Pepperoni (Large)	\$14.50

OTHER PRODUCTS

Chicken Bites - 20 Pack	\$9.00
Chicken Nuggets - 6 pack	\$9.50

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Option 2



Lunches Price List

Kohimarama School 2025

Sushi Roll - 4 Piece Packs (other options available upon request)

Salmon and Avocado

Salmon only

Chicken Teriyaki only

Chicken Teriyaki with cucumber, caps, avo

Chicken Teriyaki with cucumber

Tuna mayo only

Tasty Tuna with lettuce cucumber and caps

Vegetarian with avo, cucumber and caps

Cucumber Only

Avocado Cucumber Carrot Sushi

All 4 pc packs - \$7.30 (includes \$1 for School)

Sushi Roll - 8 Piece Packs (other options available upon request)

Salmon and Avocado

Salmon only

Chicken Teriyaki only

Chicken Teriyaki with cucumber, caps, avo

Chicken Teriyaki with cucumber

Tuna mayo only

Tasty Tuna with lettuce cucumber and caps

Vegetarian with avo, cucumber and caps

Cucumber Only

Avocado Cucumber Carrot Sushi

All 8 pc packs - \$10.30 (includes \$1 for School)

Double Avocado only

\$11.90 (includes \$1 for School)

Tuna Mayo Double Avo

\$11.90 (includes \$1 for School)

Teriyaki Chicken Rice Ball

\$7.30 (includes \$1 for School)

Teriyaki Chicken Dragon Roll

\$15.50 (includes \$1 for School)

Salmon Dragon Roll

\$15.90 (includes \$1 for School)

Sushi On Rice:

Regular Teriyaki Chicken

\$7.50 (includes \$1 for the school)

Regular Chicken Katsu

\$8.55 (includes \$1 for the school)

Regular Teriyaki Chicken (with Mayo)

\$7.95 (includes \$1 for the school)

Regular Chicken Katsu (with Mayo)

\$9.00 (includes \$1 for the school)

Large Teriyaki Chicken

\$13.05 (includes \$1 for the school)

Large Teriyaki Chicken (with Mayo)

\$13.50 (includes \$1 for the school)

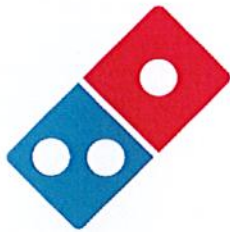
Large Chicken Katsu (with Mayo)

\$14.55 (includes \$1 for the school)



(Includes \$1 for School)

Forbes Chicken & Avocado Club Sandwich	\$5.00
Forbes Chicken & Mango Club Sandwich	\$5.00
Forbes Ham & Edam Club Sandwich	\$5.00
Forbes Egg Club Sandwich	\$5.00
Forbes Mini Quiche - Bacon & Spinach	\$3.80
Forbes Mini Quiche - Asparagus & Brie	\$3.80
Forbes GF Peanut Butter Slice	\$5.00
Forbes GF Coconut Ice	\$5.00
Daily Bread Croissant	\$6.50
Daily Bread Ham & Cheese Croissant	\$8.50
Daily Bread Cheese Twist	\$6.00
Daily Bread Cinnamon Scroll	\$7.80
Daily Bread Pain au Chocolat	\$7.80
Spinach & Feta Roll	\$7.50
Sausage Roll	\$7.50
Mince and Cheese Pie	\$7.50
Butter Chicken Pie	\$7.50
Steak and Cheese Pie	\$7.50
Vegan Kumara and Cashew Pie	\$7.50
Vegan Korma Vege Pie	\$7.50
Macaroni Cheese	\$10.00
Petite Savouries - 60g Bacon & Egg	\$4.00
Petite Savouries - 60g Mince	\$4.00
Petite Savouries - 60g Potato Top	\$4.00
Crispy Chicken Nuggets	\$4.00
American Hot Dog	\$10.00
Hot Chips	\$5.50
Bluebird Original 45g Ready Salted Chips	\$3.50
Nothing Naughty Protein Bar Choc Fudge 40g	\$4.50
Nothing Naughty Protein Bar Raspberry 40g	\$4.50
Nothing Naughty Protein Bar Vanilla Bean 40g	\$4.50
Nothing Naughty Protein Bar Pineapple 40g	\$4.50
Bumper Bar Chocolate Brownie 80g	\$4.50
Apple slices bagged 80g	\$6.00
Kiwifruit diced	\$2.00
Pineapple sliced	\$2.00
Orange quartered	\$2.00
Fresh Fruit Salad	\$6.00
Carrot Sticks	\$2.00
Fresh n Fruit Yoghurt Pottle 150g Boysenberry n Cream	\$3.00
Fresh n Fruit Yoghurt Pottle 150g Raspberry n Cream	\$3.00
Fresh n Fruit Yoghurt Pottle 150g Simply Strawberry	\$3.00
Hummus and Crackers 125g	\$5.50
Cheese and Crackers	\$2.00



(Includes \$1 for School)



Large Value Pizzas \$10.00

Large Gluten Free \$14.50

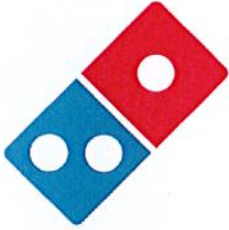
Mini Value Pizzas \$7.50

Option 3

Rice Runner.

Pricing for Kohimarama School	RR New
ITEMS	
SUSHI 4PC	
4PC SALMON/ AVOCADO SUSHI	8.4
4PC SALMON SUSHI	8.4
4PC TERIYAKI CHICKEN AVOCADO SUSHI	7.4
4PC TERIYAKI CHICKEN SUSHI	7.4
4PC PLAIN TERYAKI CHICKEN SUSHI	7.4
4PC TERIYAKI CHICKEN WITH CUCUMBER	7.4
4PC TUNA MAYO SUSHI	7.4
4PC AVOCADO SUSHI	7.4
4PC CUCUMBER SUSHI	7.4
4PC AVOCADO CUCUMBER CARROT SUSHI	7.4
4PC AVOCADO CUCUMBER SUSHI	7.4
4PC CUCUMBER CARROT SUSHI	7.4
4PC CARROT CAPSICUM SUSHI	7.4
SUSHI 6PC	
6PC SALMON/ AVOCADO SUSHI	11.8
6PC SALMON SUSHI	11.8
6PC TERIYAKI CHICKEN AVOCADO SUSHI	10.8
6PC TERIYAKI CHICKEN SUSHI	10.8
6PC TERIYAKI CHICKEN WITH CUCUMBER	10.8
6PC TUNA MAYO SUSHI	10.8
6PC AVOCADO SUSHI	10.8
6PC CUCUMBER SUSHI	10.8
6PC AVOCADO CUCUMBER CARROT SUSHI	10.8
6PC AVOCADO CUCUMBER SUSHI	10.8
6PC CUCUMBER CARROT SUSHI	10.8
6PC CARROT CAPSICUM SUSHI	10.8
ONIGIRI	
TRIANGLE TUNA MAYO	6
TRIANGLE TERIYAKI CHICKEN	6
ON RICE	
TERYAKI CHICKEN ON RICE	8
BENTO BOX	

FRESH SALMON BENTO BOX	18
GRILLED SALMON BENTO BOX	18
TERIYAKI SALMON BENTO BOX	18
TERIYAKI CHICKEN BENTO BOX	17
KATSU CHICKEN BENTO BOX	16.5



(Includes \$1 for School)



Large Value Pizzas \$10.00

Large Gluten Free \$14.50

Mini Value Pizzas \$7.50